

VEGAN

GLUTEN FREE

PALEO

MON-FRI

THE

FROM 6.30AM

WORKERS'

THEWORKERSFOODROOM.COM.AU

FOOD ROOM

472 LT LONSDALE ST
MELB VIC 3000 AU
9602-3220

CATERING MENU

MORNING TEA & BRUNCH

SAVOURY

EGG & BACON MINI ROLL	4.5
EGG & AVOCADO MINI ROLL	4.5
BIG BREAKFAST ROLL	10.5
SAVOURY MUFFINS	4.7
SEASONAL VEGETABLE & FETA FRITTATA	5.5
HAM & CHEESE CROISSANT	6.5
CHEESE & TOMATO CROISSANT	6.5
SALMON & DILL INFUSED CREAM CHEESE BAGEL	10.5
EGG, BACON & HOUSE MADE RELISH BAGEL	10.5
SALMON & DILL INFUSED CREAM CHEESE MINI BAGEL	5.5
EGG, BACON & HOUSE MADE RELISH MINI BAGEL	5.5

SWEET

BIRCHER MUESLI W/ SEASONAL FRESH FRUITS	10.5
CHIA PUDDING W/ SEASONAL FRESH FRUITS & NUTS	10.5
HOUSE MADE GRANOLA W/ YOGHURT & BERRY COMPOTE	10.5
YOGHURT CUP W/ FRESH SEASONAL FRUITS & TOASTED MUESLI	9.5
HOUSE MADE SCONES W/ JAM & CREAM	6.5
SWEET MUFFINS	4.5
PORTUGUESE TARTS	4.0
PLAIN CROISSANT	4.0
ALMOND CROISSANT	5.5

TO SHARE

WHOLE BANANA LOAF	30
WHOLE FRUIT LOAF	15.5
WHOLE RAISIN LOAF	15.5

SANDWICHES & BAGUETTES

FRESH DAILY

OUR SANDWICHES AND BAGUETTES ARE MADE FRESH DAILY, USING LOCALLY SOURCED ARTISAN PRODUCTS AND MARKET FRESH PRODUCE TO BRING BOLD AND DISTINCTIVE FLAVOUR, UNCOMPROMISINGLY FRESH EVERYDAY.

12.9EA

- VEGAN SANDWICH
- BEEF BRISKET SANDWICH
- CHEESE BOARD SANDWICH
- CLASSIC REUBEN SANDWICH
- LEMON ROASTED CHICKEN SANDWICH
- SLOW ROASTED LAMB SHOULDER SANDWICH
- SMOKED SALMON SANDWICH
- TUNA MELT SANDWICH
- BAHARAT SPICED LAMB KOFTA BAGUETTE
- BAHARAT SPICED BEEF KOFTA BAGUETTE
- WAGYU BEEF PASTRAMI BAGUETTE
- ROAST PORK BELLY BAGUETTE

*GLUTEN FREE BREAD AVAILABLE
*WRAPS AVAILABLE UPON REQUEST

SALADS

SEASONAL

OUR EVER-CHANGING, VISUALLY SUMPTUOUS SALADS ARE MADE FRESH DAILY WITH SEASONAL PRODUCE. ALL DIETARY REQUIREMENTS CAN BE CATERED FOR WITH ADVANCED NOTICE. SALADS CAN BE ASSEMBLED GLUTEN FREE, VEGAN, LOW GI, PALEO, NUT FREE OR VEGETARIAN.

11.9EA

ADD PROTEIN

SMOKED SALMON	4PP
OCEAN TROUT	4PP
SLOW COOKED LAMB	5PP
LEMON ROASTED CHICKEN	3PP

CATERING MENU

PLATTERS

TO SHARE

FLATBREAD HOUSE MADE FLATBREADS - DAILY VARIATIONS AVAILABLE	16.9PP
DIP & TURKISH PLATTER ROTATING WEEKLY SELECTIONS OF HOUSE MADE DIP SERVED WITH WOOD FIRED FLATBREAD	13.9PP
ANTIPASTO PROSCIUTTO, SALAMI, OLIVES, ROASTED CAPSICUM, GRILLED ZUCCHINI & PESTO SERVED WITH WOOD FIRED FLATBREAD	12.9PP
CHEESE THIS WEEK'S SELECTION OF WHAT IS RIPE & NEW IN OUR CABINET SERVED WITH CRACKERS, SEASONAL MARKET FRESH FRUIT & QUINCE PASTE	13.9PP
FRUIT SEASONAL SELECTION OF MARKET FRESH FRUITS	7.9PP

CAKES

SWEET TOOTH

THE FOLLOWING OPTIONS ARE EXAMPLES OF OUR FANTASTIC HOUSE MADE BAKES. FOR CAKE ORDERS PLEASE CALL US 48 HOURS BEFORE YOUR EVEN TO DISCUSS SIZE & FLAVOUR OPTIONS.

CARROT CAKE
HUMMING BIRD CAKE
BURNT BUTTER CAKE
CHOCOLATE MUD CAKE
RED VELVET CAKE
SPICED PEAR CAKE
LEMON AND POPPY SEED CAKE
BROWNIES
 DOUBLE CHOCOLATE, RASPBERRY CHEESE CAKE, PEANUT BUTTER

GLUTEN FREE

PERSIAN LOVE CAKE
CHOCOLATE BROWNIE
CHOCOLATE CRATER CAKE
POPPY SEED AND ORANGE CAKE

BISCUITS & SLICES

MARS BAR SLICE
CARMEL SLICE
VEGAN SEED & NUT SLICE
WORKERS' COCONUT BOUNTY
VANILLA SLICE

CATERING MENU

COLD BEVERAGES

WATER & JUICE

BEYOND PURE COCONUT WATER	6
NATURAL SPRING WATER	4
SAN BENEDETTO SPARKLING MINERAL WATER	
330ML	4
1L	7
MARKET FRESH JUICES	
330ML	5
1L	12.5
• APPLE	
• ORANGE	
• PINEAPPLE	
• BEETROOT, CARROT & GINGER	
• ORANGE & PASSION FRUIT	

SODA

COCA COLA, DIET COKE, COKE ZERO	4.5
SCHWEPPES	
LEMONADE OR LEMON LIME & BITTERS	4.5
MOJO KOMBUCHA - PASSION FRUIT OR RASPBERRY	5.5
STRANGELOVE SPARKLING ELIXIRS	
LEMON SQUASH OR GINGER BEER	5



TERMS & CONDITIONS

PAYMENT – Payment is due within 7 days of receipt of our invoice and the preferred method of payment is via electronic funds transfer (detailed on the invoice). Cash payments are also accepted and can be made in store. Payment via credit card at no sub charge. All prices in catering menu are inclusive of GST where applicable. **BOOKING** – To ensure we can accommodate your requests we would appreciate all orders being placed by 12pm, 24 hours prior to delivery. If you are not able to work within this time frame, we will endeavor to assist with your requests. Some items listed on the menu require 48 hours notice. **DELIVERY** – All orders are available for pick up. If you would prefer us to deliver there is no delivery fee within a 3 block radius. Deliveries outside this zone will be assessed on the job location and quantity of product. Purchased over \$150 has free delivery within the CBD.

CANCELLATIONS – In the regrettable situation that you cancellation an order, charges may apply if we have purchased the supplies and begun preparations. **BUDGETS / FOOD VARIATIONS** – We understand that you may have specific requests and a budget to work to, so we gladly help you design a menu around these needs. **DIETARY REQUIREMENTS** – We pride ourselves on our flexible menu able to cater for specific dietary requirements. All food with such requirements will be clearly labeled upon delivery or pick up. Please discuss with us so we can cater to your needs.

MON-FRI

CAFÉ

FROM 6.30AM

RHONA MADIGAN WHEATLEY

THEWORKERSFOODROOM.COM.AU

EAT@THEWORKERSFOODROOM.COM.AU

INSTAGRAM + FACEBOOK @WORKERSFOODROOM

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CATERING

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